

BOTOX COSMETIC / DYSPORT CARE INSTRUCTIONS

If you have had treatment at another facility:

- a) you may supply us previous treatment records for reference, or
- b) Dr Mimi Lee will begin your treatment conservatively (meaning using the minimal amount of Botox Cosmetic / Dysport) recommended for your concerns.

If you choose option b, Dr Mimi Lee cannot promise that your results will be satisfactory since she does not have previous records to go by. If this should occur, you must notify Dr. Mimi Lee within 1 month of your treatment so she can determine if you need more Botox Cosmetic / Dysport to obtain the expected result.

WEEK BEFORE APPOINTMENT

BEST TO REFRAIN from taking ibuprofen, fish oil, vitamin-E for 2-3 days which can cause bruising.

PRESCRIPTIVE BLOOD THINNERS: Check with your prescribing physician to see if you can stop coumadin, Plavix, Aspirin for 7 days in advance..... Xarelto, Eliquis for 1 day in advance.

CONFIRM APPOINTMENT TIME: We will call or text you to confirm the time of your procedure. If you are not going to be at home or at your office, please call us to confirm at (501) 224-0880.

DAY OF YOUR PROCEDURE

CHECK IN / PREPARATION: Please arrive 5 minutes early for Botox Cosmetic / Dysport injections.

AFTER YOUR BOTOX COSMETIC / DYSPORT INJECTION

MILD TEMPORARY REDNESS IS EXPECTED. There is usually very little pain or swelling, but there can be minimal bruising.

ACTIVITIES/ EXERCISE: You may resume normal activities immediately. Avoid strenuous/ aerobic exercise for the remaining day (increase heartrate can contribute to bruising). Resume all exercise the following day.

DO NOT rub the areas where Botox Cosmetic / Dysport was injected for a few hours.

ON RARE occasions, a headache may develop. If so take Tylenol.

MEDICATION: You may resume your normal medication immediately.

ICE PACKS: Is not required but you may use it for a few minutes to reduce swelling, bruising, and pain if needed.

ABOUT BOTOX COSMETIC / DYSPORT: It can take up to 14 days for Botox Cosmetic / Dysport to take full effect. If results are not satisfactory, you must notify us within 1 month of your treatment so we can determine why and take appropriate course of action. Additional treatments may be required to obtain expected results. Treatment results usually last 3-4 months. To avoid treatment resistance, you should not have injections more frequently than every 3 months.

You can contact our office at (501) 224-0880. After hours, please contact Dr. Lee at her mobile phone (501) 258-2204.